

# DR M L DHAWALE MEMORIAL TRUST

ANNUAL REPORT FOR 2019 -2020



MLD TRUST



Community Health Volunteer at work

HIGHLIGHTS OF THE YEAR 2019-2020.....	1
1. RURAL HOMOEOPATHIC HOSPITAL, PALGHAR .....	2
2. SMT. JANAKI BACHHU DUBE HOMOEOPATHIC HOSPITAL, BHOPOLI.....	8
3. DR. M.L. DHAWALE MEMORIAL HOMOEOPATHIC MEDICO SURGICAL AND RESEARCH CENTRE, MALAD.....	18
4. DAHISAR.....	25
5. URBAN CLINICS.....	27
6. PUNE.....	28
7. EMR PROJECT .....	31
8. DR M L DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE .....	34
9. KOLHAPUR.....	36

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## Highlights of the year 2019-2020

### Palghar

- Date: 10th April 2019 Hahnemann Jayanti  
Get-together for celebration of RHH 3 tier success:-
  - NABH Accreditation under AYUSH (Homoeopathy)
  - NABH pre-entry level Accreditation (Allopathy)
  - Commendation Certificate- Indian Merchant chamber's Ramkrishna Bajaj National Quality Award.
  
- Date: 30<sup>th</sup> August 2019 Inauguration of the following facilities at the Rural Homoeopathic Hospital, Palghar
  - Launch of services under Mahatma Jyotiba Jan Arogya Yojana (MJPJAY) And Pradhanmantri Jan Arogya Yojana (PMJAY).
  - New Dialysis Machine donated by Shri Albert D'souza, Chairman, Aldel Education Trust.
  - Medical Gastroenterology department headed by Dr Priyesh Patel, DNB, Medical Gastroenterology.

### Malad

- Cashless Mediclaim Facility of GIPSA Started
- ENT OPD Started
- Health Awareness talk on “Importance of mental health in school children” for Teachers
- Talk on Career guidance, POSCO Act, AIDS, TB Awareness in Community
- Celebrated DAAN UTSAV, International Women’s Day at community Level (Every year it is at hospital level)
- Conducted General Homeopathic, Ophthalmic & Diet Health Camp with Shiv Sena, Kurar Village.
- Arranged Various Skill Development Programme in community like Candle making, Mobile Cover making, Fabric painting, *Toran* making, Keychain Making, Chocolate making, Brooch making etc
- Special Prayer Meeting Arranged by Swami Narayan (Female Group-Malad) for Speedy Recover of admitted patients.
- 39 poor patients received help of Rs. 2,54,030/-
- Staff Picnic to Gorai Beach (1 Day)
- Tata Proengage work shop for soft skills development for hospital Staff.

## 1. Rural Homoeopathic Hospital, Palghar

### Patient Statistics

#### ❖ Palghar Rotary Dialysis Center

- Total Patients 76
- Now total 72 patients are availing of services:
  - I. 53 Patients free treatment through MPJAY (Started: Sept. 2019)
  - II. 2 Free Subsidized
  - III. 5 Patients: Rs.1250
  - IV. 5 Patients Mediclaim
  - V. 7 Patients:Rs.850 (Subsidized rate)
  - VI. Total no of 12 patients waiting list.

#### Expenses towards subsidized dialysis:

Table: 1

Month	Total Dialysis Cycle	Subsidized Dialysis Cycle	Amount of Subsidized Dialysis Cycle (Each Cycle Rs.400)
Apr-19	627	525	210000
May-19	717	557	222800
Jun-19	673	527	210800
Jul-19	718	543	217200
Aug-19	733	542	216800
Sep-19	685	321	208650
Oct-19	727	311	202150
Nov-19	697	279	181350
Dec-19	671	275	178750
Jan-20	677	315	187950
Feb-20	622	106	58100
Mar-20	654	76	32950
<b>Total</b>	<b>8201</b>	<b>4377</b>	<b>2127500</b>

### Free Dialysis Cycle: (ICICI Fund)

Table :1.1

Month	No. of Patients	No. of Cycle	Total Bill	Free of Dialysis
April 19	13	72	61200	
May 19	12	72	61200	
Jun 19	10	72	61200	
July 19	10	72	61200	
Aug 19	11	72	61200	
<b>Total</b>		<b>360</b>	<b>306000</b>	

### Free Investigation (ICICI Fund)

Table : 1.2

Month	No. of Patients	Total Free Bill	of investigation
April 19	10	9130	
May 19	10	9200	
Jun 19	10	9200	
July 19	10	9200	
Aug 19	10	9200	
		<b>45930</b>	

### Free IPD/OPD Dialysis Patients: (ICICI Fund)

Table:1.3

Month	No. of Patients	Free Total Bill
May 19	2	13260
July 19	1	1200
Sept 19	1	5790
Dec 19	1	425
	<b>5</b>	<b>20675</b>

- ❖ 29 Free Cataract operations were conducted during April 2019 to March 2020. (Rs. 87000/-).

❖ Geriatric Patient Help:

Month	No. of patients	Total Bill	Help given to patients
April 2019	5	133409	52019
May 2019	5	126930	50694
Jun2019	3	70000	25000
July2019	3	70000	25000
Aug 2019	5	120000	65000
Sept 2019	4	95000	45000
Oct 2019	5	120000	55000
Nov 2019	3	70000	35000
Dec 2019	4	90700	55700
Jan 2020	3	70000	35000
Feb2020	3	70000	35000
March 2020	4	79720	42915
<b>Total</b>	<b>47</b>	<b>1115759</b>	<b>521328</b>

❖ IPF/PPF/RHH Concession:

	No. Patients	Total Bill	Paid by Patients	Help given
<b>IPF</b>	241	1693269	491731	1201538
<b>PPF</b>	60	778869	609100	169769
<b>Charitable</b>	254	4070722	3144200	926522
<b>Total</b>	<b>555</b>	<b>6542860</b>	<b>4245031</b>	<b>2297829</b>

- ❖ All together 698 poor patients have received help of Rs.54,06,262 from our hospital.
- ❖ Alcoholic anonymous Vishal group & Diabetes club activities are regularly being conducted in our hospital. (On 15/3/2020 AAA Group celebration 16 years at RHH on going activity.)
- ❖ Diabetes club:
  - Fee Rs.100 Yearly.

- Total club members- 68.
- On 5<sup>th</sup> April 2019 Random Blood Sugar test: 19 diabetic club members were benefited.
- On 29<sup>th</sup> July Neuropathy & Blood sugar test:20 diabetic club members were benefited.
- DM Camp on 17/1/2020 -RHH Participants 30 Club Members.(Neuropathy & HbA1c, Random Sugar test were done)

**Session –**

- Heart & Kidney with Diabetes (April): 19 club members are benefited.
- DM & Guidance about Neuropathic.
- Different tests required for diabetes available in charitable rates for DM Club members.

## COMMUNITY SERVICES

### ❖ Camp Information:

SR. NO.	SUBJECT	PLACE	BENEFICIARIES	DATE	NO. OF PARTICIPANTS
1	Gynec and Pediatric camp	Satpati PHC	Community	13/6/2019	ANC -130; PNC-36 & children 81 =247
2	'Social Justice day'	Collector office, Palghar	Government Staff	26/6/2019	60
3	ANC Camp	Satpati PHC	Community	10/6/2019	50
4	General Camp	Savra Durvesh	flood affected villages near Manor	08/8/2019	292
5	General Camp	RHH Palghar	Community awareness about MJPJAY & PMJAY	30/8/2019	165
6	Geriatric Session " Vridhatavashi Miatr"	RHH Palghar	Geriatric Population	4/10/2019	100
7	School Health Camp	Satu Kadam CBSE School, Palghar	School Student	5/10/2019	116

8	General Camp	Mastan Naka Manor	Community	10/11/2019	159
9	General Camp	At-Vadari Palghar	Community	24/11/2019	193
10	Mental Health Orientation Session	Ambika yog kutir (Kelva)	NSS Student At- DTSS college of commerce , Malad	29/11/2019	55
11	General Camp	At-Dahanu Near Mahalaxmi Chinchale	Community	12/12/2019	82
12	Parent orientation session	At- S. T. Kadam CBSE School	Parents	14/12/2019	70
13	Pediatric Ortho Camp	RHH Palghar	Children	18/12/2019	54
14	GYN Camp	RHH Palghar	Women	3/1/2020	93
15	Diabetic Camp & Orientation Session	RHH Palghar	Diabetic Patients & Relative	17/1/2020	30
16	Mental Health Orientation Session	ITI College Palghar	ITI Student From Palghar	13/2/2020	137
17	“Relationship issues in contemporary scenario” Orientation session	St.John College Palghar	Student From St.College, Palghar	13/3/2020	110



Gynaecology and Paediatric Camp Satpati



General Camp Sarva Durvesh





General Camp MJPJAY & PMJAY Palghar



Geriatric session - Vrudhattavashi Maitri



School Health Camp S. T. Kadam School Palghar



General Camp Manor



Mental Health Orientation session Ambika yog Kutir At. Kelva



General Camp Dahanu



Parents orientation Session S T Kadam School



Paediatric Ortho Camp Palghar



Mental Health orientation Session 13.2.2020 At ITI College Palghar



DM Club 2020

## 2. Smt. Janaki Bachhu Dube Homoeopathic Hospital, Bhopoli

### ❖ Patients Statistics:

Dept. Month	Casualty		Hospital OPD		OPD Total No. of Patient	IPD	Mobile Patient	Malnutrition	Patient transfer to Palghar	Peripheral OPD N/C	Peripheral OPD F/C	Total No. of Patient
	New	FU	New	FU								
Apr-19	8	42	65	517	632	5	285	194	0	20	605	1691
May-19	13	32	64	409	518	9	270	262	0	22	550	1581
Jun-19	16	22	86	493	617	8	252	232	0	14	605	1678
Jul-19	16	39	70	538	663	12	331	291	0	32	665	1944
Aug-19	8	44	91	647	790	21	291	228	1	31	707	2019
Sep-19	8	14	64	509	595	17	293	219	0	26	645	1745
Oct-19	16	43	66	543	668	33	250	192	0	11	696	1830
Nov-19	12	25	82	535	654	20	268	231	0	28	787	1938
Dec-19	28	43	94	577	742	39	291	230	0	40	770	2062
Jan-20	26	14	76	572	688	11	301	338	0	34	709	2071
Feb-20	22	54	66	505	647	13	282	293	1	44	697	1967
Mar-20	19	48	56	376	499	7	158	169	0	22	570	1415

## Malnutrition

### Outcome of Malnutrition project

Measurable Indicators	Outcome <i>(of 494 children under treatment)</i>
<b>Weight</b>	<ul style="list-style-type: none"> <li>Overall improvement in 336 children</li> <li>Status Quo in 69 children.</li> <li>Deterioration in 89 children</li> </ul> <p><b>Fortunately none of them have slipped from MAM to SAM.</b></p>
<b>Height</b>	No deterioration seen in any child Improvement <b>beyond normal expected growth</b> seen in 173 children
<b>Appetite and Other general indicators</b>	Improvement in 398 children
<b>Recurrent infection</b>	Improvement in 372 children (i.e. reduced occurrences of infections and lesser impact of infections whenever it occurred)
<b>Other symptoms of Malnutrition</b>	Improvement in 378 children

### ANC and PNC:

CHVs do the primary registration of pregnant women and get them to our MMU for regular check- up during 9 months of pregnancy.

Apart from complete ANC care which involves 5 ANC check-ups, 100 tablets of Iron and Calcium tablets and at least 2 doses of TT they also advocate institutional delivery.

### Outcome of this activity is as follows:

No	Indicator	18-19	19-20	NFHS-4
1	% Institutional deliveries	93	97.65	M:90 T:91
2	% Received full ANC	88	97.5	M:37.6 T:32.4
3	% with birth weight less than 2500 gms	21	18.9	
4	% children 0-23 month of breast fed immediately/ within 1 hour of birth	93	88	M:57
5	% fully immunized	60.6		M:56 T:41
6	IMR ( Per 1000 live births)	12.23	21	M:24

7	Average birth weight of child	2.61 Kgs	2.54Kgs	NA
8.	Women between 20 and 24 years, married before 18 years of age(%)	17	15.02	NA
9.	Men Aged 25 to 29, married before 21 years of age (%)	21	24.25	NA
10.	Average age of woman at 1st delivery	20.45	19.9	NA

### Support:

Rotary Club of Palghar supplies Protein powder containing whey and Soya proteins. This is given to pregnant women as nutrition supplement. This helps in proper growth of growing fetus as well as the pregnant woman.

This has resulted in safer delivery & healthier mother & child.

Malnutrition project is supported by **Oracle** since September 2016.

**Transworld** has adopted 2 villages. This helps in running majority of the activities in these 2 villages.

**Bajaj** supports for sonography of pregnant women and for anaemia in Pregnant and lactating women in our 25 villages.

### Education and orientation meetings for the community

Type of meeting	Number of meetings	Number of people attended
Aanganwadi	19	335
Adolescents	8	837
Pregnancy club	45	522



Home Visits



HB check-up camp for Adolescent Girls



**Adolescent Health Monthly Meeting**



**Adolescent Girls health Programme**



**Community Health Volunteer Meetings**



**Family Planning awareness meeting**



**Dohale Jewan Programme**



**Food supplements and Medicine distribution to Pregnant Women**



**Dr Sujata Goda explaining the parameters of Malnutrition**



**Phulora – Forest festival at Bhopoli**

## Organic Farming

2019-20 Work done and Impact measured

Focus of work for this year continued on marketing – creation of a sustainable robust market arrangement. Various actions towards this have been listed below.

1. Due to heavy rain fall this year, cultivation started little late in rabi but we hope vegetables supply will continue for longer duration.
2. Farmers could employ a collection person for 3 months with monthly salary of 8000/- . Also paid driver and farmers attending market, total almost 63200/- of local employment generation.
3. Compared to last year, the number of varieties are increased to 27, French beans, Surati papadi, Red radish, lady finger, cucumber in Rabbi season. Increase in variety has been an important enabler for accessing markets.
4. Each farmer too has cultivated at least 8 -10 varieties which also serves as a good risk mitigation especially when some vegetables are attacked by pests or do not grow well.
5. This year 5 farmers have sowed moong as summer crop.
6. This year complete focus was on tapping various market opportunities. We not only catered to 5 new clients addition to two old clients but also served 4 market places in Mumbai and Thane. Introduced a new transport arrangement so vendors could pick up produce mid way rather than coming to Bhopoli. Also dropped vegetables at Vileparle, Malad, Dadar with prior WhatsApp order. The results are as below:

Season	Number of farmers	Quantity supplied in Kgs	Rate	Value realized Rs.	Average Farmer return per season in Rs.
2017 Kharif	33	5243	23	120589	3654
2018 Kharif	18	1136	22	24992	1388
2019 Kharif	20	1439.6	40	57584	2879
2017-18 Rabbi	30	25080	23	576840	19228
2018-19 Rabbi	20	11448	38	435024	21751
2019-20 Rabbi	21	12551	50	627550	29883

A stable marketing arrangement by getting a transport facility to carry vegetables, greatly helped to sustain this production.

Growth in vegetable production and consequently average farmer earnings has increased compared to last year for the same group of farmers due to higher realized rate per kg of vegetables sold.

**Our priority is to include more number of farmers and grow farmer base from current 21 to 50.**

#### **IV. Our Partners**

We have been ably supported by:

- People for Progress in India (PPI) – a USA based NGO which has funded us for past 5 years towards Sustainable Farming as well as Tree Plantation project
- Green Earth Logistics by providing a vehicle for transportation of produce to Mumbai and Thane markets.

#### **Education**

MLDT's Education Program commenced in 2005 with 2 schools and has steadily grown to cover 70 schools and around cover 1200\* students in the vicinity of our Cottage Hospital. The program covers formal as well as non-formal development areas, which are otherwise inaccessible to these students. The focus of the program is on students in the age group of 14 to 18 i.e. classes 5th to 12th. Approx. 10 to 14 types of various activities are conducted with the aim of enhancing the quality of education.

❖ **Computer Literacy / Internet –(Supported by REAL .USA)**

The 21<sup>st</sup> century is a competition age and in this age the knowledge of information technology is a must. However, in the rural area children do not have the access to basic computers and Information Technology. Therefore the 'Computer literacy' program was implemented with 1008 children in 12 schools in this year. In this the children were given basic information about computer and Word excel and power point with the help of the internet they could find the information, data and knowledge related to their academic study and in General.

❖ **Technology Based Education Program (Supported by Amit Kulkarni & Ms. Gauri Kulkarni .USA)**

Last year we started another new activity to encourage the use of technology in schools. We provided Tab (Ratio- 2\*1 Students). We covered 6 standard class students. In our program beneficiaries totaled around 1000. We covered total 7 schools around 12 Km from our center. The main objective of the program was to make learning easy for children. So, we will teach more through practice with the help of a select few Android Apps. Students learn easily through this activity. Every student participated in practically and enjoyed it. We were happy to have the students showing interest in learning.

❖ **English Improvement Program (Supported by REAL .USA)**

In Palghar district, most of the tribal population face many difficulties and quality education is a big problem. There are many z.p schools but for higher education, children have to walk for 3 to 4 km. Hence a large number of students drop out and due to shortage of teachers, the children lag behind in subjects like English. This problem was noticed through an activity survey and we could prepare a good Basic English reading course and apply it to every school (7) and follow the result as well.



### Activities of Education Project April-2019 to March -2020

Sr.No	Activity	Standard	Total School	Total Program	Total students
1	Principal with student (Ashram)	10 <sup>th</sup>	8	8	550
2	Computer Literacy	8 <sup>th</sup> & 9 <sup>th</sup>	12	Once a Week	1008
3	Discover Program	8 <sup>th</sup> & 9 <sup>th</sup>	8	6	1765
4		10 <sup>th</sup>	8	6	100
5	Library Van	5 <sup>th</sup> to 12 <sup>th</sup>	12	Once a week	4637
6	Olympiad ( science)	8 <sup>th</sup> & 9 <sup>th</sup>	8	1	100
7	Olympiad (Mathematics)	8 <sup>th</sup> & 9 <sup>th</sup>	8	1	100
8	Olympiad (Geographic)	11 <sup>th</sup> & 12 <sup>th</sup>	10	1	100
9	Science Exhibition	5 <sup>th</sup> to 10 <sup>th</sup>	8	1 Per School	5300
10	Technology Based Education Program	6 <sup>th</sup>	9	Once a week	498
11	English Improvement Program	6 <sup>th</sup> and 7 <sup>th</sup>	7	Once a week	920
12	Preventive addiction	8 <sup>th</sup> & 9 <sup>th</sup>	9	18	1500
13	Internet	8 <sup>th</sup> & 9 <sup>th</sup>	12	Once a week	1008
14	Digital Syllabus	8 <sup>th</sup> & 9 <sup>th</sup>	1	Every day 1 hour	108

### **Bachat Gat (Self Help Group) 2019-20**

Activity	2018-19	2019-20	Total
<b>Total Bachat Gat</b>	56	00	56
<b>Total revolving Fund</b>	36	6	42
<b>Total Loan</b>	45	4	49
<b>Total Inactive Groups</b>	0	0	0
<b>Groups doing Organic farming</b>	29	0	29
<b>Number of Up-to-date accounts</b>	40	56	56
<b>Groups conducting Regular Meet-up</b>	56	56	56
<b>Number of Groups who have repaid the loan</b>	21	0	21
<b>Groups having Power trailers</b>	10	0	10
<b>Groups having Decoration Supplies and Photocopy Machines</b>	1	0	1
<b>Groups having tempo</b>	1	0	1
<b>Groups having Generator</b>	1	0	1
<b>Groups having DJ unit and Decoration</b>	1	0	1
<b>Groups doing small business</b>			
<b>Fish sellers</b>	13	0	13
<b>Grocery Shop holders</b>	15	0	15
<b>Food Suppliers to Anganwadi</b>	6	0	6
<b>Tailors</b>	12	0	12

### **PHULORA 2019**

This year, we organised 'Phulora 2019- the festival of Forest' at Bhopoli. The objective of this event was to allow city dwellers to peep into tribal life from close quarters. The festival showcased naturally grown greens in the forest (known as Raan Bhaji) in raw and deliciously cooked forms, Tribal Art, Tribal Culture as well as the Community development projects of our Trust. The Festival brought many visitors from the city and farmers from the surrounding villages for a delicious lunch and Tribal Dance performances. Over 400 Visitors were delighted to interact with farmers, doctors and the entire team at Bhopoli. A visit to an organic farm was also arranged at the end of the day.

#### Press Coverage

<https://indianexpress.com/article/cities/mumbai/at-phulora-festival-eat-tribal-food-learn-their-art-dance-5902864/>

<https://www.hellotravel.com/events/phulora-the-festival-of-forest>

<https://www.vervemagazine.in/tag/phulora-festival>

<https://www.pressreader.com/india/the-hindu-business-line/20190824/281547997549907>

<https://www.thehindubusinessline.com/specials/india-interior/a-taste-of-forest-food-and-advansi-tradition/article29236326.ece>



**One of the Forest Vegetables exhibited during Fulora**



**One of the Forest Vegetables exhibited during Fulora**



**Guests and visitors Enjoying the Folk Dances**



**Tarpa Dance Performed during Fulora**



**Tipri Dance – a Tribal Folk dancers demonstrating the art form**



**Children Participating Educational activities displayed during Fulora**

### 3.Dr. M.L. Dhawale Memorial Homoeopathic Medico Surgical and Research Centre, Malad

#### Patient Statistics

Department	NC	FU	IPD	Total Patients
Homoeopathic	779	9062	0	9841
Gynac	1130	2130	192	3452
Delivery	0	0	410	410
Casualty	1766	0	0	1766
E.C.G.	461	0	0	461
Ortho	236	163	11	410
USG	831	0	0	831
PAEDIATRIC	476	709	98	1283
MEDICINE	210	379	147	736
SURGERY	95	94	73	262
DENTAL	367	921	0	1288
PHYSIO	189	1240	0	1429
ANC	463	2138	0	2601
CUTT	21	0	0	21
NST	104	0	0	104
OPD – PRO	51	0	0	51
PATHOLOGY	2962	1799	0	4761
X-RAY	344	0	0	344
OPHL	667	275	39	981
DIET	68	76		144
ENT	39	7	0	46
Total	11259	18993	970	31222

## Charitable Activity:

Mode of charity	No of patients	Total bill	Amt Paid by Patient	Total help given to patients
IPF	14	425160	171855	198005
MLDT	25	460355	403330	56025
<b>TOTAL</b>	<b>39</b>	<b>885515</b>	<b>575185</b>	<b>254030</b>

All together 39 poor patients have received help of Rs. 2,54,030/- from our hospital

## Community Services

Date	Educational	Beneficiaries
April 2019 to March 2020	ANC Talk	139
26-Apr-19	Importance of Nutrition in 2 year to 10 year child By Dietician Mrs Alpana Tarkar in 5 & 9 Anganwadi at Tanaji nagar	17
18-Jun-19	Tata Institute of Social science student Orientation visit at Malad	21
26-Jun-19	Monsoon health Talk at Ambedkar Nagar	20
02-Aug-19	Monsoon Health Talk at Kranti Nagar Budhgaya Chawl	21
19-Aug-19	Talk on Mental Health Problem in school going children By Dr. Sonali Chubal at Saibai School for Teachers(secondary)	19
11-Sep-19	Monsoon Health Talk at Ambedkar nagar 182 Anganwadi, Appapada Rikshaw stand	26
19-Sep-19	Talk on Mental Health Problem in school going children By Dr. Sonali Choubal at Saibai School for Teachers(secondary )	17
24-Sep-19	Family Planning Talk at Anganwadi no-4,5,9 At Tanaji Nagar by Dr.Dipika	17
30-Sep-19	Talk on Mental Health problem in school going children By Dr. Sonali Choubal at Nutan School for Teachers(secondary )	17
22-Oct-19	Reproductive Talk at Aanganwadi no. 6 at Tanaji Nagar	17
22-Nov-19	Women's Health Talk at Dattwadi by Dr.Sonali Choubal at Hanuman Nagar	14
23-Nov-19	Women's Health Talk at Dattawadi Laxman Nagar by Dr.Sonali Choubal	17

25-Nov-19	Family Planning Talk at Anganwadi no-187 At Aappapada Market by Dr.Nimmi	17
16-Dec-19	Talk on Mental Health Problem in school going children By Dr. Sonali Choubal at Gyanoday school (Primary& secondary )	28
17-Dec-19	Anemia Health Talk at Anganwadi No-60	47
18-Dec-19	Family Planning Talk at Anganwadi no-2 at Tanaji nagar by Dr. Nimmi	31
31-Dec-19	PCOD Talk at Anganawdi No-12,At Bhim Nagar By Dr.Jagruti	24
07-Jan-20	Health & Nutrition Talk for Children by Dietician Alpana Tarkar at Anganwadi-62	16
10-Jan-20	POSCO Act2012 Awareness session for Community girls at Anaganwadi- 185	21
10-Jan-20	Anemia Health Talk at Anganwadi no-11/20 Anandwadi at Tanaji Nagar	22
16-Jan-20	General Health & Lifestyle Talk at Dwarkamai Bachatgat at Kokanipada Kurar Village	27
18-Jan-20	Career Guidance Session at Sai Vidyamandir at Appapada Kurar village by-Mr.Narayan Pawar	37
18-Jan-20	AIDS Awareness talk by Nimm at Shivaji nagar Anagnawadi no-67	24
22-Jan-20	Tuberculosis Awareness talk by Shilpa ( Navnirman Vikas Kendra) at Ambedkar nagar Aapa pada Anagnawadi No-67	19
25-Jan-20	Reproductive Talk at Anganwadi 72,73 Appapada Rikshaw Stand	16
21-Feb-20	Reproductive Talk at Anganwadi 71 Appapada Rikshaw Stand	17
22-Feb-20	Anemia Health Talk at Anganwadi no-76 Anandwadi Near Ramesh Hotel	17
24-Feb-20	Talk on Nutrition and Hygiene for children at a anagnwadi No-6 at Shreeram nagar	17
02-Mar-20	Talk on <b>Importance of leafy vegetables in the diet</b> at Anagnwadi No-33	20
07-Mar-20	Anemia Health Talk at Anganwadi no-191.192 Anandwadi at Appapada Rikshaw Stand	15
09-Mar-20	Talk on Importance of Healthy Lifestyle, Yoga & Exercise at Anganwadi no-70	11
<b>A</b>	<b>Total</b>	<b>788</b>
Date	Clinical	Beneficiaries
17-Apr-19	ENT Camp at Hospital	44
25-Apr-19	HB Camp & Health Talk for women of all age group by Dr.Jagruti Madam at Hospital	16
26-Apr-19	HB Camp at Hospital	11

27-Jun-19	HB Camp at Hospital	11
19-Jul-19	BMD CAMP at Hospital	71
28-Jul-19	In Collaboration with Shivsena Conducted General Homoeopathic Health checkup camp, Eye checkup camp, BMI camp at Jijamata School Kurar village	150
14-Aug-19	Conducted Dental camp at Hospital By Dr. Wasim Khan, Dr. Munit Kaur, Dr. Hemal Dave	32
16-Aug-19	HB Camp at Hospital	35
09-Sep-19	HB Camp at Anganwadi no-72 at Appapada Anday nagar	13
27-Sep-19	Conducted Eye Checkup Camp at hospital by Dr Bhavin Khatri	39
October month 2019	Daan Utsav week celebration at Hospital and in Community	NA
18-Oct-19	Diabetic Checkup camp at Hospital	17
19-Oct-19	HB Camp at Hospital	15
27th Nov to 28th Nov	Health Checkup Camp at Jijamata School	335
19-Nov-19	HB Camp at Hospital	15
29-Nov-19	BMD Camp at Hospital	58
18,19-Dec-2019	Dental Checkup camp at Hospital by Dr. Wasim Khan, Dr. Munit Kaur, Dr. Hemal Dave	22
23-Jan-20	BMD Checkup Camp Bhim Nagar at Shiv sena Shakha and Anganwadi no.12	96
26-Jan-20	Eye Checkup camp at Hospital by Dr. Bhavin Khatri	40
30-Jan-20	Health Checkup Camp at AVM Academy School	418
17,18,20-Feb-2020	Health Checkup Camp at Saibai School	1255
25-Feb-20	Mental Health issues in women's Talk & Check Up by Dr. Sonal, at Bhim nagar community- Key Person Vandana Borade	38
04-Mar-20	HB Camp at Hospital	37
06-Mar-20	BMD Camp at Hospital	29
<b>B</b>	<b>Total</b>	<b>2797</b>
Date	Community	Beneficiaries
24-Jan-20	Conducted Brooch & Mobile Cover Making :-Skill Awareness Programme- Key Person Rajeshree Gotal at Appa Pada Market	18
27-Jan-20	Conducted Toran Making:- Skill Awareness Programme- Key Person Vandna Borade at Bhim Nagar	25
29-Jan-20	Conducted Cheenchapethi & Keychain Making:- Skill Awareness Programme at Anganwadi no.9, Tanaji Nagar	20
31-Jan-20	Conducted Fabric painting:- Skill Awareness Programme at Swastik Bhachat Gat, Shiwaji Nagar	25

03-Feb-20	Conducted Candle Holder making (With CD):-Skill Awareness Programme at Laxman Nagar Shtrishakti Mahila Bachatgat	29
04-Feb-20	Conducted Chocolate Making:- Skill Awareness Programme-Key person Nanda Sharma at Kokani Pada	10
08-Feb-20	Haldi Kukkum Samrambh with Mahila Bachatgat at parekh Nagar	33
29-Feb-20	Conducted Crafts flowers making:-Skill Awareness Programme at Atharv society- Strishakti Mahila Bachatgat	50
06-Mar-20	ANC/PNC Talk at Bhim Nagar with 5 Anganwadis-(1,23,24,25,26)	50
08-Mar-20	Conducted Fun Games for community women's sponsored by NCP Ex-Croporator initiated by Mr.Ajit Raorne & Mrs.Rupali Raorane	150
<b>C</b>	<b>Total</b>	<b>410</b>
	<b>Total A+B+C</b>	<b>3995</b>



**17.4.2019 Ent Camp at hospital**



**26.6.2019 Monsoon Health talk at Ambedkar nagar**



**27.9.2019 eye checkup camp by Bhavin sir**



**Anemia health talk at anagnwadi no-60.at anandwadi 17.12.2019**





**AVM school camp 30.1.2020**



**BMD CAMP 23.1.2020 at Bhim nagar**



**Daan utsav 2019.photos**



**dental camp 18.19 dec 2019**



**Diabetic Camp at Hospital 18.11.2019**



**General Healthy Life style talk by Alpana madam at Kokani apada bachatgat 16.1.2020**



**HB Camp at Anganwadi no-  
72 For Girls.9.9.2019**

## 4. DAHISAR

- EMR project has been continuing under Dr Madhavi Tamboli with three schools.
- Apart from, general Homoeopathic OPD, we have been successfully running our Psychiatry opd under Dr Kumar Dhawale and Child Psychiatry OPD under Dr Madhavi Tamboli.
- IQ tests were conducted by visiting Clinical Psychologist Mrs Gayatri Kshirsagar. No of beneficiaries: 4.
- We conducted our regular annual health checkup for students of Balodyan from Vidya Mandir School, Dahisar East from 23<sup>rd</sup>-27<sup>th</sup> September 2019. No. of beneficiaries: 474. Dr. M.L. Dhawale Trust's Homoeopathic Clinic, Dahisar has been conducting the health screenings in Balodyan for the past six years.
  - Each child was screened for present or past complaints along with height and weight assessment. This was followed by physical check- up of the child.
  - The dental examination was done simultaneously by Dr Shailendra Pathak.
  - Parents having doubts regarding their child's health were spoken to and guided accordingly.
  - An orientation meeting was organized for the parents after the Screening camp, on 19<sup>th</sup> of October 2019. The orientation was conducted by dentists (Dr Shailendra Pathak and Dr Ashwin Abraham- paediatric dentist) and Homoeopathy doctors [Dr Madhavi Tamboli MD (Hom) and Dr Latika Agarwal MD (Hom) Psychiatry] from our team. The parents were oriented on the following topics:
    - Preventive Dentistry
    - Understanding diet, hygiene and health issues in school going children
    - Role of positive family atmosphere in the child's upbringing
    - Knowing the value of early treatment
    - Role of Homoeopathy in treating chronic health problems

It was an interactive session. The parents participated as well by questioning and getting their doubts cleared. It was very well organized by the School authorities and attended by 197 parents.

1. Students from Virar Homoeopathic Medical college were posted in the in the OPD as observers from October 2019 onwards. No of students benefited: 9.

2. Apart from regular MD students from MLDMHI, Palghar, Regular certificate training students were posted in the OPD as learners. No of students: 2.

Department	<b>Homoeopathic</b>		
Months	<b>New Case</b>	<b>FU Case</b>	<b>Total Pt.</b>
<b>Apr 19</b>	18	497	515
<b>May 19</b>	23	426	449
<b>Jun 19</b>	45	472	517
<b>Jul 19</b>	51	590	641
<b>Aug 19</b>	17	579	596
<b>Sep 19</b>	12	513	525
<b>Oct 19</b>	21	495	516
<b>Nov 19</b>	25	554	579
<b>Dec 19</b>	25	512	537
<b>Jan 20</b>	20	609	629
<b>Feb 20</b>	14	498	512
<b>Mar 20</b>	10	341	351
<b>Total</b>	<b>281</b>	<b>6086</b>	<b>6367</b>

## 5. URBAN CLINICS

Dr. M.L.Dhawale Trust runs 5 Homoeopathic charitable clinics in Mumbai and its suburbs for the less fortunate strata of the community since 1984 at Deonar, Jogeshwari, Santacruz, Mahul, and Ghansoli in collaboration with like -minded organisations.

The objective of urban clinical services is not only to provide charitable services to the community but also to provide quality services to all type of urban population. This has been possible only because of our dedicated and sincere physicians who have being constantly striving to achieve our motto of promising 'Quality assurance in a cost effective way'.

### Patient Statistics

Name of the Centre	Screening	New case	Follow ups	Total Patients
<b>Mahul</b>	198	102	6303	<b>6603</b>
<b>Deonar</b>	0	59	478	<b>537</b>
<b>Santacruz</b>	13	1	655	<b>669</b>
<b>Jogeshwari</b>	227	32	1497	<b>1756</b>
<b>Ghansoli</b>	99	51	1232	<b>1382</b>
<b>Total</b>	<b>537</b>	<b>245</b>	<b>10165</b>	<b>10947</b>

### Additional Services

#### CAMP

A general health check-up screening camp was conducted on 7<sup>th</sup> October 2019 near Kumud Vidya Mandir School between 10 am to 2 pm.

The camp was attended by following doctors:

Dr. Sunil Bhalinge.

Dr. Madhavi Tamboli

Dr. Atul Wayal

Dr. Pradeep Dhole

Dr. Trupti Savla and five regular ICR students.

The camp benefited 55 patients. Majority of patients were screened for complaints of chronic pain in joints and back, recurrent cold and cough, complaints related to the skin and gastrointestinal system. These patients were oriented about benefits of Homoeopathy in the above conditions.

The Trust has also started clinical services in the morning at the Jogeshwari clinic.

Timings of the clinic: Monday-Saturday: 10: 00am – 1:00 pm.

## 6.PUNE

- We had 3 new admissions for part-time course during the year - from Bharati Vidyapeeth Pune, D Y Patil college from Pimpri and from Gondia from Gondia homeopathic medical college.
- There were 4 new students for interns orientation program from Bharati Vidyapeeth college.
- We have been having postings of interns from Bharati Vidyapeeth at various centers in Pune. We also conduct a session for them on Friday on basic principles of practice of homeopathy the intake of students every month is around 10 students.
- Dilassa is a school run by Seva Sadan, a renowned NGO in Pune, for differently abled students. We held a general health check up camp at the school premises where general as well as special examination was done for the students to screen for various clinical conditions along with lab investigations.





**Glimpse of Dilasa Workshop**

- The students were given a health card along with specific advise.
- There were 89 students who were examined in the camp.
- It was with efforts from Dr Mansi Barve and the principal of the school that this project was initiated.
- We also had a camp organised at Wagholi school where all students of the school were examined for health status.
- We conducted a free health check up camp on 30th Jan 2020 with the help of a senior citizen’s club in which 120 patients were screened and given medication and counselling on various health issues.
- General lecture.. old age and Homoeopathy.. immunity .. role of mental and physical factors affecting immunity .





Glimpse of free health check up camp organised on 30th January 2020



## 7. EMR PROJECT

### **Project title:**

Efficacy of Homoeopathic intervention in influencing the academic outcome in children with academic difficulties from the vernacular medium-a multi-centric study.

### **Background:**

Dr. M. L. Dhawale Memorial Trust has been conducting a research project under the scheme of Extramural Research supported by the Ministry of AYUSH, Government of India. This project is a multi-centric project and the centres are Palghar, Dahisar and Bengaluru.

The main objectives of the project is to identify children having scholastic difficulties and examine the extent to which they can improve their learning capacities by giving Homoeopathic medicines. The scholastic difficulties included are children having problems like Learning difficulties, slow learners and Attention deficient disorder and Hyperactivity (ADHD). These difficulties can be of severe category that can be missed out as child starts using some coping mechanism. All these categories have long term impact on the academic growth of child.

The project is under the guidance and head of Dr. Kumar M Dhawale; Principal Investigator and Dr. Prashant Tamboli; Co – Principal Investigator

### **Research Fellows and doctors**

1. Dr. Devangini Broker
2. Dr. Madhavi Tamboli
3. Dr. Kavita Jadhav
4. Dr. Mansi Surti
5. Dr. Latha Devarajan
6. Dr. Savitha
7. Dr. Anitha
8. Dr. Babitha
9. Dr. Nivedita

10. Dr. Anjum

11. Dr Rohina

MSW

12. Ms. Sayali Narayankar

Clinical Psychologists

13. Ms. Pooja Ghadigaonkar

14. Ms Rucha Kulkarni

15. Mr. Johann Thomas

16. Mrs. Ashmi Shah

17. Mrs. Gayatri Kshirsagar

18. Ms. Maitreyi Redkar

19. Mrs. Mugdha Nene

20. Smt. Pavana Rao

Remedial Educators

21. Mrs. Maryam Katawala

22. Mrs. Vaidehi Palav

23. Smt Kavitha

**Activities Conducted From Jan 2019-March 2020**

Steps of research project: The project started in the academic year 2017.

The project was planned in 5 Phases:

Phase I: Screening Process: Identifying the children

Phase II: Orientation Phase: Orientation of Parents and Teachers Phase

Phase III: Enrolment Phase: Selecting the children for project Phase

Phase IV: Intervention Phase: Homoeopathic treatment to enrolled children

Phase V: Final Analysis and Conclusion

- The first 3 phases were completed and the enrolments of all the students were finalized.
- Intervention Phase: This phase comprises of:

- a. Intervention with medicine 'A' for the first 6 months
  - b. Intervention with medicine 'B' for the next one year.
- The homoeopathic case definitions of the children were also conducted simultaneously. The information of the children was collected from parents/ care takers and teachers (in some cases). The children were interviewed separately.
  - Children were assessed during their follow-ups every fortnightly.
  - Educational assessments were conducted by the research fellows every 3 monthly to evaluate the progress of the children.

**Summary of the work done:**

Sr. no.	Item	Dahisar	Palghar	Bengaluru	Total
1.	No. of Schools enrolled	3	1	4	8
2.	Final Enrolment done till now	124	128	120	372
3.	Total no. of drop outs	4	6	13	23
4.	Total no. of baseline assessments done	124	128	133	375
5.	Total no. of Case definitions completed	124	102	120	346
6.	No. of Children given medicine A	124	128	120	372
7.	Total Assessments done				
	3-monthly	124	128	120	362
	6-monthly	124	70	120	314
8.	No. of Children given medicine B	120	10	120	240
9.	Total Assessments done				
	3 monthly	100	2	120	222
	6 monthly	44	0	120	164
	9 monthly	22	0	97	119
	12 monthly (final)	NIL	0	36	36
8.	Medical Social worker assessment done till now	124	70	NIL	194

## 8. DR M L DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE

- MLDMHI admitted 33 students for the Postgraduate MD Homoeopathy course for the batch of June 2019-2020.
- Results of MUHS MD (Hom) examination of the academic year 2019 is as follows – In Summer 2019 MD I examination 31 residents out of 33 cleared the examination.
- Republic day was celebrated by flag hoisting followed by competition among PG residents on topic “Remedy profile presentation / Remedy dramatization” on 26<sup>th</sup> January 2019. This was judged by Mr Kiran Thorat, Sports Incharge (Krida Sanchalak) Sonopant Dandekar Mahavidyalaya. Residents of MD II batch 2016-19 won the competition. Winning team comprised of Drs Nishigandha Mahajan, Chetan Herle, Neha Shendre, Devyani Deshmukh, Rashmita Petkar and Shradha Shendre.
- A competition for Magazine title was conducted on 12-2-19. Most of PG residents participated and exhibited their artistic side. The students magazine committee comprising of Drs Shradha Shendra, Jigar Gori, Irshad Sayyed, Amina Asanar, Nayan Supekar, Vivek Vasoya, Aprana Nair, Nishigandha Mahajan, Chaitanya Chiplunkar under the guidance of Dr Bhavik Parekh and Dr Devangini Broker worked hard to produce an e-Magazine, the first time in the Institute
- English language is a bench mark for education. Students of vernacular medium who have been admitted in MLDMHI for MD course in Homoeopathy face difficulty of English language. To improve their English language writing skills, a series of English language training sessions were conducted by Mrs Belsare madam and Dr Madhavi Tamboli.
- Cultural and art event *Euphoria* was organised by cultural committee between 11 Feb -16<sup>th</sup> Feb 2019. Euphoria, an annual cultural event, was celebrated on 25<sup>th</sup> Feb 2019, in which almost all PG residents and non teaching staff and RHH staff participated and showed their extracurricular talents in various arts sports and cultural events
- Women’s Day was celebrated on 8<sup>th</sup> March 2019 by arranging speech on Topic – “Role of female in my life”. It was a joint exercise ran by RHH and MDMHI. Dr Devyani Deshmukh won the 1<sup>st</sup> prize, Dr Sneha Kharate 2<sup>nd</sup> prize and Drs Bharat raj and Saloni Mehta shared the 3<sup>rd</sup> prize.
- On 16<sup>th</sup> March 2019, in Research conclave, inter college competition was conducted at Bharti Vidyapith, Pune in which Dr Jagruti Rite (MD II Medicine resident) won the 1<sup>st</sup> prize in poster presentation and Dr Devyani Deshmukh won 1<sup>st</sup> prize in oral presentation.

- To train our mind to think critically, a series of sessions on critical thinking for Junior students were conducted by Dr Kumar Dhawale.
- As a part of curriculum and to generate the interest and develop research aptitude in PG aspirants a workshop was organised for MD I batch 2016-19 was organised from 25<sup>th</sup> July to 27<sup>th</sup> July 2019 (for batch 2018-19)
- Independence Day 2019 was celebrated by flag hoisting followed by an environment awareness program for faculty and PG residents "Care of Environment – Role of knowing and nurturing trees on 15<sup>th</sup> August. Pg students identified important plants on the campus and indicated their medicinal and non-medicinal uses. Shri Sudhir Dandekar, Member of the Patient care Committee was the Chief guest.
- "Resident as teacher" two days' workshop was conducted for residents of batch 2019-20 on 14<sup>th</sup> and 15<sup>th</sup> Oct 2019 aiming to orient residents about the basic concepts of education and its methodologies. It was an initiative to develop residents as teacher and facilitators.
- "Mental health day" was observed by the Department of Psychiatry MLDMHI by holding a workshop on 11<sup>th</sup> October 2019 on the topic: PREVENTION OF SUICIDES"
- In order to help the exiting final year residents to plan their career, MLDMHI had organised a CAREER GUIDING SESSION for its MD II residents on 2<sup>nd</sup> November 2019.
- MLDMHI went ahead in planning the career of its exiting residents by organising a CAMPUS RECRUITMENT DRIVE on 3<sup>rd</sup> December 2019. Three organisations Life force, Mind Technologies and Dr Batra's Homoeopathy had shown eagerness to absorb residents of MLDMHI by participating in the recruitment drive.

❖ Launched the new dedicated website for MLDMHI [www.mldmhi.com](http://www.mldmhi.com)

❖ Started Social media Handles -

- Food for Thought Fridays
- Educational YouTube video
- LinkedIn page started
- Instagram page started
- Facebook live stream of major events
- The new initiative Fridays with Dhawale (FWD) started

<https://www.youtube.com/channel/UCjnAT3gemj7vgY7W5Do5r1w/videos>

The new interface and the website of Peer reviewed journal - Journal of Integrated Standardized Homoeopathy (JISH) [www.jish-mldtrust.com](http://www.jish-mldtrust.com) was launched in February 2020.

JISH is an open access peer-reviewed journal committed to publishing high-quality articles, with the main aim to promote Evidence based Scientific Homoeopathy, by publishing original research papers in Homoeopathy, well documented evidence based case reports and papers

demonstrating the application of Homoeopathy in different areas of Clinical practice, Homoeopathic Medical Education, Community care, Hospital based Homoeopathic Practice, Drug proving, clinical research, extramural research, and collaborative research in Homoeopathy.

## 9. Kolhapur

**Creation of Kolhapur alumni chapter:** For further academic and clinical activity at Kolhapur, the Kolhapur alumni chapter with following primary members was established:

1. Dr Ranjeet Dhole
2. Dr Sulkshana Dhole
3. Dr Vivek Ghadage
4. Dr Usha Ghadage
5. Dr Satish Katkar
6. Dr Mohasina Patel
7. Dr Vilas Satpute
8. Dr Ajay Hanmane
9. Dr Avinash Patil
10. Dr Pravin Vadagve

Further planning of our new venture meeting was arranged on 15<sup>th</sup> March 2020 with all consultants of new clinic under supervision of Dr Anoop Nigwekar, Dr Pravin, Dr Ajay, Dr Vilas, Dr Vivek, Dr Rahul, Dr Mohsina, Dr Satish were present physically and Dr Ranjit and Dr Sulkshna attended it on video call.

The background of undertaking of new venture was explained by Dr. Anoop to all members. The aim and objects along with SOP was discussed with all in detail and group suggestions were added.



Dr and Mrs. Jawahar Shah our ICR alumni visited the new premise of MLDMHIAA Kolhapur chapter clinic in Jan 2020.



Clinical Services –  
 Homoeopathic Charitable Clinical services are operational at Kuditre village which is 12 km from Kolhapur since June 2006 which is running now 1 day in a week. Dr Avinash Patil is the consultant at kuditre clinic.

#### Kuditre OPD

MONTH	NEW	SCREEN	FOLLOW UPS
March 19	02	05	55
April 19	01	01	35
May 19	03	00	33

<b>June 19</b>	02	00	40
<b>July 19</b>	01	01	42
<b>August 19</b>	01	00	41
<b>September 19</b>	06	02	63
<b>October 19</b>	03	00	48
<b>November 19</b>	00	00	28
<b>December 19</b>	05	01	47
<b>January 20</b>	01	01	35
<b>February 20</b>	03	00	30
<b>March 20</b>	01	01	47
<b>TOTAL</b>	29	12	544

Academic Activities-

We have been regularly conducting academic activities for practitioners and students since 20 years. SCR methodology case based workshops, 2 days once in 2 months for core group members attended by 8-12 regular participants was carried out at April 19, June 19, Oct 19 & Jan 20.

**SCR Methodology based Work shops**

No	Date	Consultant	Members
1	27 & 28 April 2019	Dr. Anoop Nigwekar	11
2	29 <sup>th</sup> & 30 <sup>th</sup> June 2019	Dr. Anoop Nigwekar	08
3	October 2019	Dr Sunil Bhalinge	08



4	18 <sup>th</sup> & 19 <sup>th</sup> January 2020	Dr. Anoop Nigwekar	11
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### **Community work in flood disaster: FLOOD RELIEF ACTIVITIES BY MLD TRUST AND MLD ORGANIZATIONS**

In August 2019, Kolhapur and Sangli districts of southern Maharashtra had been battered by unprecedented floods following heavy rains in konkan and western parts of Maharashtra. This natural calamity destroyed infrastructure including Houses, roads, bridges etc. along with death of more than 50 people and many domestic animals and cattle. The economy of these districts was mainly based on agriculture which was severely damaged from this flood.

ICR members of Kolhapur demonstrated the highest level of humanitarian as well as clinical care in this most trying circumstance and made everyone proud. They arranged feeds, sheltered souls, gave free medicines by traversing hip deep waters searching for people and offered services at medical camps.

Responding to this unprecedented natural calamity, MLDMHI team decided to organise flood relief camp and collected financial contributions from ICR members and help from Trust and coordinated with physicians of ICR Kolhapur Study group, and MLDMHI Alumni Kolhapur Chapter. Local group members identified Sangli areas on the banks of Krishna river the worst affected .Trustee, Prithviraj Patil Sir of Gulabrao Patil Homoeopathic Medical College and the staff led by Principal Dr.Mehte and his team were already working in the area. Our team joined them on 2 days 30th August and 31<sup>st</sup> August 2019

We saw total 100 patients from 11.30 am till 4pm on the first day and 220 on the second day.

Musculoskeletal rheumatic complaints, acute exacerbations of degenerative joint complaints and R. S. complaints. Patient with chronic skin disorders & children disorder. Most of this already received allopathic medicine but not better with the treatment. Along with homoeopathic medicines, patients were also educated to maintain hygiene, boil water and drink and maintain sanitation.We have advised all patients for follow up at college OPD and clinic of our local team member at minimum cost.



Another flood affected school from Khananewadi, near Bajar bhogav village (Dr Avinash Patil's home) needed water purifier for their students. We installed water purifier in the school which will benefit to 400 students from that school.





Flood affected old lady and young girl helped by our institute by providing household material and Cloths to them respectively.